PPRAVER JOURNAL

"From my earliest memories, I saw my father with the Rosary beads in his hands and my mother holding hers. My older brothers and sisters and I knelt around them praying."

– Venerable Patrick Peyton

Any time we encounter a need, a sorrow, or a concern, we can turn to the Lord for help. No need is too big or too small; He is always ready to hear us. Likewise, when we experience joy and success, we can celebrate that with the Lord. Our joy is His joy. The Family Prayer Journal is a tool to help you and your family to develop the practice of intercessory prayer (praying for others). If this is the first time you've tried this, no need to worry. Here are some questions you can ask yourself and your family to help you generate intentions. Don't let them overwhelm you! They are only suggestions to get you going. You can use as many or as few as you would like to use!

- Is anyone sick—physically or mentally?
- · Is anyone struggling with a decision?
- Is anyone caught in a situation that seems scary or disheartening?
- Is anyone in need of basic necessities—food, clothing, shelter, employment, education?
- Is anyone in danger?
- Is anyone having difficulties with family relationships or friendships?
- Does anyone have something important coming up (i.e. a speech, an interview, a performance, a test, etc.)?

After going through these questions, write down your family's intentions in the Family Prayer Journal. Be sure to date them so that you have a record of how your family has grown and whom they've blessed with prayer. You may also want to keep a record of prayers answered. This will prove to be an incredible source of encouragement to all of you as you continue this prayer journey. Lastly, as you are going through the journal, you will notice inspiring quotes from Father Peyton about the Rosary and family prayer. Take time to read these and reflect on them as a family.



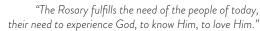
"The Rosary is a chain that binds the family together."

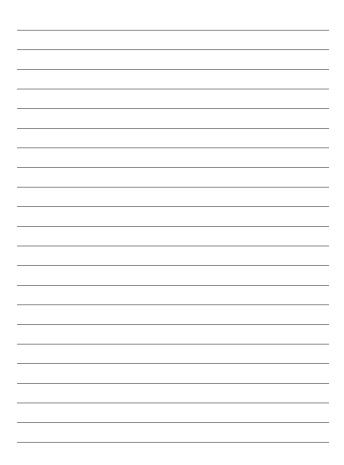


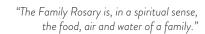


"In praying the Rosary, we are pooling our prayers with (Mary's). The Rosary family is saying, "Our door is open."







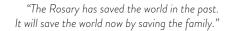




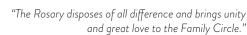


"The Family Rosary is a practical way to strengthen the unity of family, so easily weakened by the modern way of living."

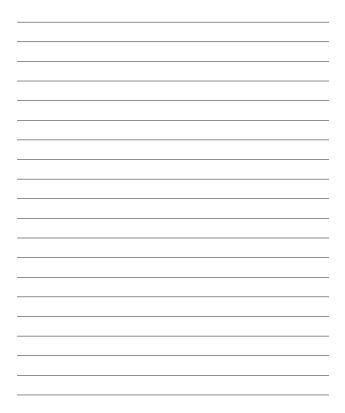












"The Rosary is most worthy of husband, wife and children to trust, to love and to grasp with their hearts, as well as with their hands."



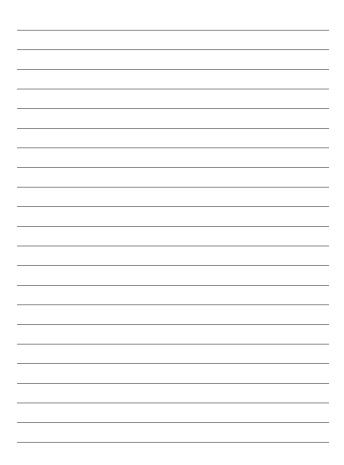


"The family is the greatest treasure the Earth possesses. God is the greatest treasure of Heaven. The Rosary is the link of steel that has the power to unite them both together for time and eternity."





"The person with the Rosary in hand has the key to learning the most important all lessons: the love that God has for us, the destiny He has in store for us and the way He is helping us to reach that destiny."







"While the prayer of the Rosary is so simple that a child can profit from it, there is not mind profound enough to exhaust the riches of the Rosary in meditation and contemplation!"

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