



Catechetical Session Format (90 minutes)

1. Celebration of the Word of God – 10 Minutes
2. Proclamation (Lesson Summary) – 5 Minutes
 - *“Tell them what you’re going to tell them”*
3. Explanation (Lesson) – 30 Minutes
 - *“Tell them”*
4. Review – 5 minutes
 - *“Tell them what you told them”*
5. Invitation/Application – 15 minutes
 - Witness / Discussion / Question and Answer
 - The participant needs to be able to grapple with how they can apply this teaching to their own lives
 - Small groups could be a good way to facilitate this if you have a large group
6. Prayer &/or Minor Rite – 10 minutes
 - OCIA #81-117 has several minor Rites which should be led by a priest or deacon (in some cases a qualified catechist) which can be used at the beginning or end of a catechetical session. You should then conclude with a prayer which connects to and celebrates the topic which was discussed during that session.