

GIVE this Lent



PRAY THIS

“Then the king will say to those on his right, ‘Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.’ Then the righteous will answer him and say, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink?...And the king will say to them in reply, ‘Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.’ - **Matthew 25:34-40**

- Jesus taught us to “see Him” in others, especially those in need. What does this say about the importance of how we love others?



WATCH THIS

Watch “Quick Wins with Susan Mazzarella“, where she discusses the Lenten pillar of almsgiving and Catholic Charities.

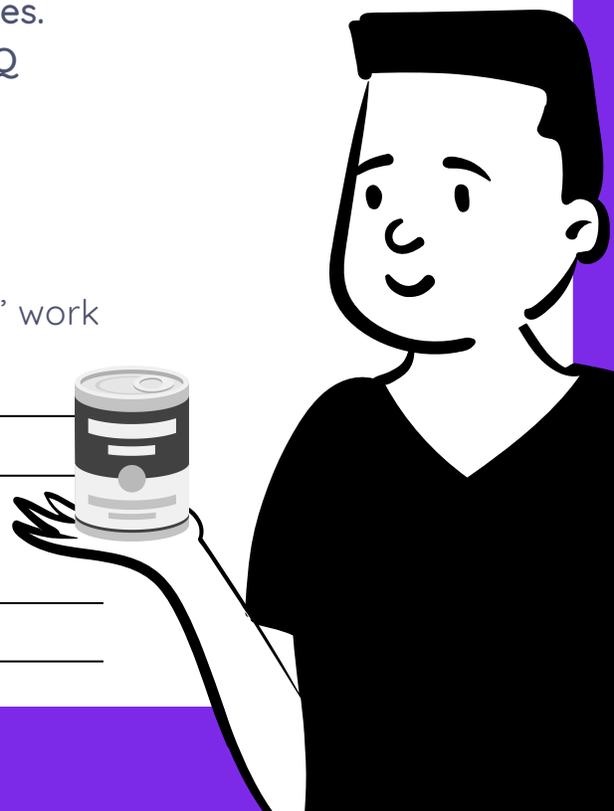
<https://www.youtube.com/watch?v=ojqeQEYHMQ>



DISCUSS THIS

- Which of Susan’s examples of Catholic Charities’ work stuck out to you?

- Who are people or areas you see are in need?



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- If you are not sure how to give, start by looking at simple things you know you can do. What is a simple way to give to others, especially those in need?

- One way to give is to take the money you would have spent on the thing that you gave up during Lent and then give it to those in need. What is one way you can do that? (For example, if you give up buying a snack, give the money you would have spent on the snack).



DO THIS

Susan Mazzarella shared that there are many ways to give, from giving of your time, to small gifts, to big gifts. No matter which way we give, our giving does make a difference. Below are some simple things you could do to give alms. Circle which one you want to try. (If you are in a class or group with others, pick one you want to try together)

Save money from fasting and donate it

Collect canned goods for a food pantry

Give your time to help someone with their homework

Give to your Church

Give to Catholic Charities

Send cards to those in the Diocesan Nursing Homes

Grocery shop for someone who can't make it to the store

Do a chore at home you don't have to do